

# LUNCH



## STARTERS

**BREAD & BUTTER 6**  
ASSORTED 'IMAGINE THAT GLUTEN FREE' BREADS  
HERBED WHIPPED BUTTER

**BACON WRAPPED DATES 8**  
APPLEWOOD BACON / CHÈVRE / ARUGULA / VINAIGRETTE

**DEVILED EGGS 5**  
JALAPEÑO / CANDIED BACON / SMOKED PAPRIKA AIOLI

**CARROT AND GINGER SOUP** (SERVED HOT OR COLD)  
COCONUT MILK / RED CURRY / PEPITAS  
CUP 5 / BOWL 7

## SALADS

**CHOPPED KALE SALAD 9**  
GOAT CHEESE / SUNFLOWER SEEDS / APPLES / ORANGES / CITRUS VINAIGRETTE

**PRIMAL SALAD 9**  
MIXED GREENS / SPICED ALMONDS / SHAVED COCONUT

**GRILLED CAESAR SALAD 9**  
HEARTS OF ROMAINE / CROUTONS / PARMESAN

**WOOD-FIRED PROTEIN SALAD**  
MIXED GREENS / EGG / BACON / DIJON VINAIGRETTE / ROASTED TOMATOES  
\*WITH: CHICKEN 14 / SHRIMP 15 / SALMON 16

**CHICKEN SALAD PLATTER 12**  
GRILLED CHICKEN / GRAPES / APPLES / HONEY-MUSTARD / ALMONDS / ROMAINE LETTUCE / TOMATO

## SANDWICHES

**GRILLED SHRIMP, AVOCADO & BACON SANDWICH 12**  
HERB AIOLI / ARUGULA

**TUNA MELT 10**  
TUNA / AVOCADO / PICKLED JALAPEÑO AIOLI / CHEDDAR CHEESE

**GRILLED GREEN TOMATO BLT 11**  
AIOLI / ARUGULA / APPLEWOOD SMOKED BACON

**GRILLED CHICKEN CLUB 11**  
APPLEWOOD SMOKED BACON / AVOCADO / CHEDDAR CHEESE / HERB AIOLI

## ENTRÉES

**SHRIMP & GRITS 17**  
APPLEWOOD SMOKED BACON / BUTTON MUSHROOMS / LEMON BUTTER

**VEGETARIAN PENNE PASTA 14**  
ZUCCHINI / MUSHROOM / TOMATO / GARLIC / PARMESAN  
\*CHOICE OF CREAM OR OLIVE OIL

**BBQ GRILLED CHICKEN 13**  
CRISPY RICE / PINEAPPLE SALSA / PINEAPPLE BBQ

**CHILI BRAISED BRISKET TACOS 11**  
SCRAMBLED EGGS / BELL PEPPERS / SHARP CHEDDAR / ONION / PICO DE GALLO  
\*CHOICE OF LETTUCE WRAP OR CORN TORTILLA

**FLAT IRON STEAK\* 20**  
WOOD GRILLED / COFFEE ENCRUSTED / CAULIFLOWER GRATIN

**DAILY  
PRIMAL  
OFFERING  
\$8.5**

**TUESDAY**  
GRILLED CHICKEN PROTEIN SALAD

**WEDNESDAY**  
CHICKEN SALAD PLATTER

**THURSDAY**  
TUNA MELT

**FRIDAY**  
GRILLED GREEN TOMATO BLT

### SHARE PRIMAL!

[facebook / primaldurham](#) [twitter / @primaldurham](#) [instagram / @primaldurham](#)

\*consuming any raw or undercooked shellfish, meat, poultry, seafood or egg items may increase your risk of food-borne illness.

\*parties of 5 or more guests subject to 20% gratuity

# PRIMAL