



PRIMAL

FOOD & SPIRITS

STARTERS

MAIN

BREAD & BUTTER ASSORTED 'IMAGINE THAT GF' BREADS HERBED WHIPPED BUTTER	6	WOOD GRILLED SALMON* PINEAPPLE SALSA / MISO VINAIGRETTE / GINGER RICE / GREEN BEANS	23
DEVILED EGGS JALAPEÑO / BACON / SMOKED PAPRIKA AIOLI	5	SHRIMP & GRITS (JUST LIKE BLU SEAFOOD) APPLEWOOD BACON / BUTTON MUSHROOMS LEMON BUTTER	21
BACON-WRAPPED DATES APPLEWOOD BACON / GOAT CHEESE / ARUGULA SHERRY VINAIGRETTE	8	SPRINGER MOUNTAIN FARMS CHICKEN THIGHS BRAISED / GLAZED / GRILLED / MOLASSES - BLACK PEPPER SAUCE BAKED SWEET POTATO WITH BUTTER BREAD CRUMBS AND HERBS	19
GRILLED ASPARAGUS CRISPY PORK SHOULDER / POACHED EGG / PARMESAN BALSAMIC VINEGAR	9	PASTURE RAISED PORK RIBS SLOW ROASTED / WOOD GRILLED / SPICE RUB / PINEAPPLE BBQ SAUCE / SLAW / CREAMY MASHED POTATOES	22
GRILLED OCTOPUS PRESERVED LEMON / SHAVED FENNEL / KALAMATA OLIVES	11	HANGER STEAK* COFFEE ENCRUSTED / CREAMED CORN / RAJAS	23
NC CRAB DIP WARM LUMP CRAB MEAT / SHARP CHEDDAR / CREAM / TOAST POINTS	12	NC DUCK BREAST* THAI YELLOW CURRY / ZUCCHINI / NAPA CABBAGE / BELL PEPPER CARROT / ONION	24
CHICKEN LIVER PATE RED ONION JAM / GRAINY MUSTARD / PICKLES / TOAST POINTS	9	BRAISED BEEF BRISKET STROGANOFF PENNE PASTA / MUSHROOM / BEEF GRAVY / SOUR CREAM	21
HOUSE CURED SALMON SALT, SUGAR, CITRUS CURED / ARUGULA / HONEY VINAIGRETTE HARD BOILED EGG / CROUTONS	10	PENNE PASTA ZUCCHINI / MUSHROOM / TOMATO / GARLIC / PARMESAN <i>*CHOICE OF CREAM OR OLIVE OIL</i>	17
CARROT - GINGER SOUP (SERVED HOT OR COLD) SPICED PUMPKIN SEEDS	7	GRILLED CHICKEN CAESAR SALAD GRILLED HEARTS OF ROMAINE / CROUTONS / PARMESAN ROASTED TOMATOES	15
PRIMAL SALAD MIXED GREENS / SHAVED COCONUT / SPICED ALMONDS / HONEY VINAIGRETTE	8		
CHOPPED KALE SALAD GOAT CHEESE / SUNFLOWER SEEDS / APPLES / ORANGES / CITRUS VINAIGRETTE	9		

~SIDES~

JALAPEÑO CREAMED CORN 5 / GREEN BEANS 4 / GRILLED ASPARAGUS ~ HERB BUTTER 6
CREAMY MASHED POTATOES 4 / NC STONE GROUND GRITS 4

**CONSUMING ANY RAW OR UNDERCOOKED SHELLFISH, MEAT, POULTRY, SEAFOOD OR EGG ITEMS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS*

*:: PARTIES OF 6 OR MORE SUBJECT TO 20% GRATUITY :: * ITEMS COOKED TO ORDER*